

The Importance of Video



"What you think or feel you are doing in your golf swing, and what actually occurs are often two very different things".

To complement my regular teaching sessions, in addition to a mirror and various teaching aids, I use digital video technology with V1 software provided by Pro Industries Corporation as my source of information and feedback. Assisted by these aids, I can more accurately diagnose for you, what is right, what is wrong and prescribe drills. If there is more than one fault, I can explain what the order of priority should be as you begin the corrective process.

Features

- Two camera angles videotaping swing simultaneously. (Front view & Down the line view).
- Frame by frame or slow motion play back.
- Side by side comparison (compare students before and after swing) or (compare student's swing along side a touring professional of choice).
- Overlay a live image of a student's swing over a previously recorded image to show the comparison between the old and new.
- Create diagrams, draw and make notes and commentary directly onto videotape or CD ROM for take-home viewing.

The digital video and V1 software equipment allows me to observe and point out aspects of a student's swing previously unobservable. The V1's software recording capabilities allow me to interactively work with a student, make recommendations, record the suggested corrections, compare the revised swing to previous swings, and show how each change affects the golf swing. This provides the student with a clear, concise picture of where they are and where they need to go.